How To Paint An Old Laminate Floor...

You will need:

One Gallon of Valspar's Bonding Primer for glossy surfaces

One gallon of Valspar's Latex Porch and Floor Paint

One Gallon of Varathane Water Based Floor Finish *Very Important!*

Paint Roller with an Extension Rod

3" wide Paint Brush

Floor Finish and Trim Applicator

Old Blankets or Sheets

***I chose water based paint oil based paint takes forever to dry and it has a strong smell. Closing off our kitchen and not being able to use it for days was not an option. It was hard enough trying to keep everyone out while the water based paint dried!





DAY ONE:

On the first day of the project move everything out of the room and wash the floor really well with an ammonia and water solution. This helps to break down any waxy finish that may be on the floor. Give the old laminate a quick sanding. I created a makeshift sander by wrapping a piece of 120 grit sandpaper over my Mr. Clean floor mop. You can do the same thing with a Swiffer.

Vacuum up the dust, lightly mop the floor again and then start cutting in all the edges with the bonding primer using a paint brush.



Once you are finished cutting in around all of the baseboards, use the paint roller to do the rest of the floor.



Apply two coats of primer to the floor, letting each coat dry in between applications.

TIP: Tinting your primer can cut down on the amount top coats needed, especially if you are painting a dark color. One gallon of floor paint gives you about 400 square feet of coverage.



Let the primer dry for a few hours.

TIP: Electric fans really can help drying time. If you are doing a room that you need to be able to walk on, like the kitchen and are afraid of the dogs and kids running across the newly primed floor before it is completely cured, lay old bed sheets or blankets over the floor. Stay out of the room as much as possible.



DAY TWO:

Begin by removing the sheets, lightly sweep any dust off the floor and start cutting in around the edges with the porch and floor paint.



Apply two to three coats of the Porch and Floor Paint with a roller, waiting for each coat to dry in between. Let the floor dry overnight.



Day Three

The next morning the floors may still feel tacky. This is a common complaint with this porch and floor paint, even after a few weeks! The good news is that **the Varathane Water Based Floor Finish** can fix that.



Apply the first coat of the floor finish with the applicator pad and let dry.

You should be relieved to find that the tackiness is gone. Each coat dries rather quickly. Do at least three coats of the floor finish. I chose a satin finish because I didn't want a very glossy look.





Let the floor cure for at least 24 hours before replacing all of the furniture. To help protect the new floor, stick felt pads on the bottom of all furniture.

Enjoy your "new" floors!